



METROLINA CHRISTIAN ACADEMY ATHLETIC FAQ's 2018–2019



Q: What sports can 6th graders try out for?

A:	MS boys and girls soccer	MS cheerleading
	MS girls softball	Boys and girls cross country
	MS girls volleyball	Boys and girls track & field
	MS boys and girls basketball	Boys and girls swim
	MS boys baseball	Boys wrestling
	MS boys and girls golf	

Q: When are tryouts?

A: Fall Sports Tryouts are held the first of August (FB, Boys Soccer, Girls Tennis, VB, XC). Winter tryouts are held in late October/early November (BB, Swim, Wrestling). Spring tryouts are held in mid February (SB, BB, Track, Boys Golf). Cheer tryouts are held in May before school ends.

Q: What forms does my child need to tryout?

A: A current North Carolina High School Athletic Sports Preparticipation Examination Form is required. Please find the link for the required form below:
goo.gl/2ShBy9

Q: If my child makes the team, what will they need?

A: Eligibility forms will need to be completed online on the Metrolina Christian Academy website. View forms under the athletic tab, forms and resources, 2) Athletic Eligibility Electronic Signature Page.
<https://goo.gl/z3E1HP>.

There also may be gear or team shop apparel to purchase.

Q: Do all players who tryout make the team?

A: Most of our athletic teams have tryouts and we do make cuts. However, there are a few sports that currently do not cut, such as cross country, track, and wrestling. This is a great opportunity to be a part of our athletic program.

Q: Is there an athletic fee to play sports?

A: There is a \$150.00 athletic fee for the 1st sport. There is a \$50 fee to play a second sport. The 3rd sport is free.

Q: When is practice?

A: Teams practice and/or play everyday after school.

Q: How do I find out what my team's schedule is?

A: All schedules, practice and game schedules, are found on the MCA website under the athletics tab, as well as the MCA app, under teams and schedules.

Q: What is Athletic Family Night?

A: Athletic Family Night is a special required event hosted by MCA Athletics for all student athletes and parents. This allows the athletic department to share our vision and hear from a guest speaker. All student athletes and at least one parent are required to be at this event.

Q: Are there any additional duties for parents during the season?

A: Parents are asked to assist with gate duty and help in concessions.

Q: What other ways can I support athletics?

A: Metrolina Athletic Boosters - Provide various levels of ownership.

If you own a business or know of someone that owns a business, they can become a Booster Banner Sponsor.

Moms are sought to assist with organization between coach and parents

Q: How will I be notified if schedule changes occur due to of inclement weather?

A: There will be a push notification sent out via the MCA app. Please make sure that you subscribe to your sport specific push notification.

Q: Where do I find directions to opposing team locations?

A: All school and field location directions are located on the MCA website, athletics tab, directions to schools, or on the MCA app. Look for the map icon that is attached to the event for that day.

Q: How do I wash my uniform?

A: Wash all uniforms in cold water on delicate cycle. HANG all uniforms to dry. NEVER dry a uniform in the dryer.

Q: Where do I get on the bus?

A: Most athletic teams board the bus outside the upper school office near the picnic tables.