



THE METRO STATION

GRAB-N-GO MENU

Biscuits (chicken, sausage, egg & cheese)*

French toast sticks*

Pancakes*

Grits*

Cereals (assorted)

Fresh fruit (bananas, apples, oranges, grapes)

Yogurt

Bread bowl

Soup (broccoli cheese or potato and chili)

Peanut butter & jelly sandwich (Uncrustable)

Hot pocket (pepperoni)

Corn dog

Ramen noodles

Chips (assorted)

Crackers

Cookies (pre-packaged)

Poptarts

Rice Krispy treat

Fruit roll-ups

Nutri-Grain / Granola bars

Freshly baked cookies (chocolate chip/sugar)

Smoothies

Regular coffee / Hot chocolate

Ice cream (cups/sandwiches/bars)

Bottled water (20oz.)

Milk (plain /chocolate)

Kool-Aid Jammers

Soft drink (20oz. – HS only)

Powerade sport drink

***Available only for breakfast (7:00am-8:15am)**

****All items subject to change**

Metrolina Christian Academy cannot guarantee that any food served in the Metro Station is 100% free of food-borne allergens.

GRAB-N-GO PAYMENT OPTIONS



GRAB-N-GO KIOSK

The Grab-N-Go kiosk is open daily for breakfast from 7:00am-8:15am and during all student lunches. All food and beverages offered at the Grab-N-Go kiosk can be purchased on the spot - no pre-ordering needed.

The Grab-N-Go menu for breakfast includes biscuits (chicken, sausage, egg & cheese), French toast sticks, pancakes, cereal, grits, fresh fruit, milk, bottled water and juices. During lunch periods, the Grab-N-Go kiosk offers an assortment of chips, cookies, bottled water, smoothies (5th-12th grades), soft drinks (9th-12th grades), ice cream, and prepackaged corndogs, peanut butter sandwiches and hot pockets.

Students have several payment options at the Grab-N-Go kiosk:

- 1) Pay with cash at time of purchase
- 2) Use funds pre-loaded (added) to student's Grab-N-Go account (see below for instructions)
- 3) Charge purchases to their Grab-N-Go account (**max limit of \$25 per month per family and must be paid in full by the end of each month**).

PLEASE NOTE: Parents may request a **"BLOCK"** placed on their student's Grab-N-Go account so unapproved charges cannot be made. Please notify Kathy Jackson in the Finance Office by email to place a BLOCK on your student's Grab-N-Go account.

HOW TO ADD FUNDS TO GRAB-N-GO ACCOUNT

- 1) Pay online through your Family Portal account (Family Portal – Financial – Prepay Accounts - ADD FUNDS - Grab-N-Go).
- 2) Mail or drop off your check to the Front Desk for delivery to the Finance Office (please note in memo line of check – "Grab-N-Go" and Student Name).
- 3) Make a cash payment by visiting the Lower School Office, Upper School Office or Finance Office.